



Learning to Standup Paddle is fun and easy!
We guarantee success and instant rewards for everyone in their first lesson!

We cover fundamentals of paddle and stroke technique, board control, navigation, ocean condition assessment, and risk management.

SUP offers the benefits of a great low-impact full body workout. It strengthens balance, core, posture, circulation, breathing and promotes relaxation.

Enjoy amazing views of local marine life & mountain seascapes while you learn & practice in an idyllic reef protected lagoon. It's common to see turtles, monk seals, reef fish & beautiful coral gardens.

Group & Private lessons offered daily. SUP Rentals! (Experience Required)





## In Other Words...

Maui Revealed "They're **National** Lonely very good Geographic Planet teachers' **Adventure** They're full of Aloha!" **Magazine** "Combining Fun with "Family Fundamentals" Friendly"

They might be

goofy, but we like the right-footed

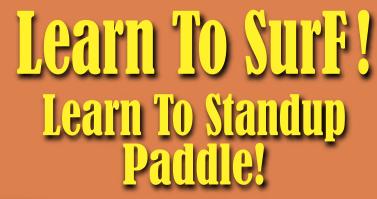


Reservations required.
Book Directly!

808.244.WAVE (9283)

505 Front St. Suite #123 Lahaina, HI 96761





Put Your Best Foot Forward!







to stand in the first 2 hour lesson or the experience is on us!

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# Learn to Surf or SUP with the Pros!

- Learning how to Surf or Standup Paddle is fun, empowering, and transformational!
- Whether you're interested in a once in a lifetime experience, or are ready to begin on the path of an enthusiast, enrolling in one of our world-class lessons will guarantee success & change your life!



Since 1994 over 200,000 students have successfully & safely been introduced to the thrilling rewards of Surfing or SUP by founder Tim Sherer & his team of world-class instructors!

Our Pros are vastly seasoned watermen and highly trained teachers. All are

CPR and First Aid certified.

They're distinguished by their passion, enthusiasm, & dedication to a positive experience for each guest.

Sour methods & techniques are highly developed, proven, & adaptable to all learning styles!

Learn the FUN way, the SAFE way, the RIGHT way, the GOOFY FOOT WAY!



## Intro/Beginner Group (2 Hrs)

- Instruction will focus on an easy "Learn to Surf" approach based on safety, fundamentals and ocean-awareness.
- Students learn sound methods for paddling, navigating the line-up, timing and catching waves, standing up, balancing, maneuvering, stopping, and even wiping
- Lessons are held in ancient royal surfing grounds where consistent year round waves provide perfect conditions for learning.

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Groups are 5 or less. Graduates receive a diploma and sticker. We keep it low pressure, safe and fun! Rentals Available! (Experience Required)

### Private, Semi-Private & Clinics (2 or 3 Hrs)

- Lessons offer individuals or small groups the perfect opportunity to take advantage of the undivided attention from one of our pros.
- Clinics range from 3-7 days of Surf or SUP with your same instructor for continuous learning.
- These exclusive lessons are geared to meet the individual's personal goals, skill level & pace.
- Perfect for advanced students, anyone seeking or needing additional attention, & required for children 8 and younger.



- Tim Sherer established Goofy Foot to perpetuate his relationship with Mother Ocean & share with others his love and respect for surfing and standup paddling.
  - Choosing a single or series of lessons with him is guaranteed to be worthwhile and evolutionary for your learning.
    - He has experience surfing in over 25 countries, and has had the privilege to coach over 30,000 students.
    - He is positive, patient, motivational & inspiring.

Tim focuses on each individual & develops a clearly charted course for fast and safe progression, with a goal to render the

Tim is available on Maui and for worldwide surf travel!

#### Surf Camps 8:30am-2:30pm

- Spend a full day learning the art of surfing with one of our pros!
- Lunch is included while you rest. Supervision is provided at all times.
- We guarantee our camps are fun & educational. Camps can include an intro to SUP.



